

Wagga Highlights

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Term 4 Week 1 – Monday 12 October 2020

Calendar of Upcoming Events

October		
20	Tuesday	First day 2020 HSC examinations
26 – Nov 6	Mon - Fri	Year 7 – 10 Assessment Weeks
November		
2	Monday	P & C Meeting (via Zoom)
12	Thursday	Year 12 Sign Out Day
13	Friday	Last day 2020 HSC examinations
16	Mon – Fri	Year 10 Enrichment Week
19	Thursday	Year 12 Formal

Disability Provisions

What is Disability Provisions?

Disability Provisions are practical arrangements put in place during the HSC exams to reduce disadvantage in an exam situation. Disability Provisions require an online application with supporting evidence to NESAs, our school Learning and Support Teacher will assist in completing this. Common Disability Provisions can include: rest breaks, small group supervision, extra time, a reader or scribe, use of a computer, diabetic provisions, coloured paper and food and water.

How do I know if my child needs to apply for Disability Provisions?

If your child has a diagnosed disability that will affect them during exams e.g. Anxiety, Diabetes, Irlen Syndrome, Crohn's disease etc., our Learning and Support Teacher is able to submit an application to NESAs. The student should have received the requested provision in school examinations in the past. It is stressed that NESAs may not grant provisions but each case is viewed and assessed individually. The definition of 'disability' in the *Disability Discrimination Act 1992* includes: Physical, intellectual, psychiatric, sensory, neurological, and learning disabilities, as well as physical disfigurement and the presence in the body of disease-causing organisms. Disability provisions will only be approved if there is a clear disadvantage to a student.

Completing the application

Our Learning and Support Teacher will assist you in completing this application. The application has to be completed online by the school and submitted with extensive documentation. Parents and carers are required to supply supporting medical documents from the relevant practitioner that confirms diagnosis of a particular existing condition and states the affect it will have under examination conditions. The diagnosis needs to be current, less than 12 months old. Medical practitioners are also required to complete a 'Medical Provisions' form that can be collected by your student from Miss Pedemont in the Learning and Support staffroom (next to B9). Students are also required to complete their own declaration – this form can also be collected from Miss Pedemont.

More information on Disability Provisions can be found at: <https://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/disability-provisions>

If you would like to discuss this further or have any questions please don't hesitate to contact Miss Pedemont on 02 6925 3611.

2021 Leaders

The end of Term 3 saw us farewell our Class of 2020, our new leadership team was formally inducted before Year 12's graduation assembly. Thank you to the leadership team of 2020, they have certainly left large shoes for this group to fill. Our new leadership team for 2021 consists of the following students:

Captains Lily Stein and Jack Mattingly

Vice Captains Freddie Fewson and Oliver James

Leaders Ella Longmore, Maraëa Connellan, Lachlan Stephens and Blake Walker. Congratulations to all students!

Congratulations

Congratulations to Year 11 student **Ally Morphet** who was in the winning side of the 2020 UNSW Canberra Senior Womens premiership team, the Belconnen Magpies. Ally received 'Best on Ground' after the match and was also runners up in the league for the 'Best & Fairest Bainrot Medal'. We wish Ally all the best in her sporting future.

Year 10 Enrichment T-Shirts

Last chance for Year 10 students wanting an Enrichment T-Shirt! The cost of this year's Enrichment program is \$20. This includes a T-Shirt. Orders for the shirts must be to the front office by this Wednesday 14 October before end of Recess.

Wellbeing

Resources and Supports for Parents wishing to help their young person:

The Black Dog Institute has produced a range of resources and supports for young people, particularly in coping with stress and anxiety around coronavirus in addition to general strategies for coping with anxiety and depression.

<https://www.blackdoginstitute.org.au/resources-support/coronavirus-resources-for-anxiety-stress/schools-young-people/>

What's BITE BACK?

BITE BACK is Black Dog Institute's FREE, self-guided online wellbeing and resilience program for young people aged 13 – 16 years old. Evidence shows that using BITE BACK can decrease symptoms of depression and anxiety and increase wellbeing. BITE BACK Version 2.0 was released in April 2018 and received over 10,000 registrations across the first 12 months.

<https://www.blackdoginstitute.org.au/resources-support/digital-tools-apps/bite-back/>

Resources and Supports for Parents:

Parentline is a free, confidential telephone counselling support service for parents and carers of children aged 0 to 18 who live in New South Wales. Call 1300 1300 52 to speak with a trained counsellor between 9am and 9pm Monday to Friday or 4pm to 9pm on weekends.

<https://www.parentline.org.au/>

Positive Parenting Program (Triple P) has a range of courses, seminars, discussion groups, online programs and information available to support parents of teenagers. Enhanced Triple P and Pathways Triple P are also available for more serious teen behaviours or family problems.

<https://www.triplep-parenting.net.au/au-uken/get-started/triple-p-courses-for-parents-of-teens/>

Sport Gala Days

With further restrictions being lifted, we are now able to participate in Communtuiy Sport Gala Days between local schools. Our students are very excited and looking forward to these competitions returning. This week we will see the Years 7 & 8 Girls Cricket Gala Day and the Years 9, 10 & 11 Boys Rugby League Gala Day. Good luck to all students competing.

Careers

Please take the time to have a look at the Wagga High School's Careers website page. You will see all the latest information and any vacant positions available, both full time and casual apprenticeships and traineeships. <http://www.wwhscareers.com>

TAFE Information - FREE courses

NSW Government Subsidised Hospitality/Commercial Cookery Pre-Apprenticeship short course to be delivered at TAFE Wagga.

Course Details:

For those interested in a trade in Hospitality/Commercial Cookery.

- Use hygienic practices for food safety
- Use food preparation equipment
- Prepare & Present sandwiches
- Prepare & present simple dishes
- Use cookery skills effectively
- Provide responsible service of alcohol
- Prepare and serve espresso coffee

Course cost and eligibility criteria:

- \$0 Fee Free to eligible participants, To be eligible you must be:
- 17 years old or over
- no longer at school
- live or work in NSW
- an Australian citizen, Aust permanent resident, humanitarian visa holder or NZ citizen

Course Start Date: week commencing 17 November 2020

Duration: 3 days per week over 3 weeks

Delivery Location: Wagga Wagga campus

Delivery Mode: Face to Face on campus

2020 Year 12 School Leavers Wanted

As you may have heard, due to the COVID-19 pandemic, the 2020/21 harvest seasons are going to be extremely challenging due to a shortage of labour usually provided by travelling workers. To assist our local producers to get their crops into markets and on shelves, **Cozwine, the Commonwealth funded Harvest Trail provider**, is seeking to attract school leavers to the harvest and provide them with accredited training and a COVID safe harvest experience. Support with transport and local accommodation arrangements will also be provided. The Harvest Trail Experience will provide school leavers with an amazing opportunity to participate in the **annual cherry harvest experience in the picturesque Young Region** and Central West commencing immediately after the HSC and going through to Christmas. The cohort will receive a full industry orientation and accredited induction training with support to make this a memorable experience with their peers. **This is a great opportunity for year 12 students to grab their friends have an adventure and make up for some missed experiences. They will earn money, build life skills, gain experience and travel to parts of the country they may never have seen.** Students can maximise their experience by continuing on the NSW Harvest Trail and working across a number of seasons, gaining further skills and qualifications for at least 6 months. To help inform potential participants, there is a letter from Cozwine attached for further details and some links to showcase the harvest are provided below:

<https://youtu.be/FLxNNuyFvak>

<https://youtu.be/n9PDAEHgs00>

<https://youtu.be/7bNmTGDwEwA> (in French, but shows lifestyle)

Covid-19 update

As always we are staying up to date with the latest advice from NSW Health and the Department of Education to ensure our school continues to operate in the safest ways possible during the COVID-19 environment. The most recent and up to date information for families can be found here: <https://education.nsw.gov.au/covid-19/advice-for-families>

The most repeated advice from the beginning has been 'not to send your child to school if they are unwell, even if they have the mildest flu-like symptoms. Students and staff with flu-like symptoms will need to be tested and provide a copy of a negative COVID-19 test result and be symptom-free before being permitted to return to school.

Senior Study Hub

Our Senior Study Hub will start again Week 2, Wednesday 3.30 to 4.30 in B9 and B11. All Senior students are welcome to attend.

Maths Homework Centre

Our Maths Homework Centre will resume again Week 2, each Tuesday and Wednesday 3.30 to 4.30 in A4. All students are welcome to attend.

P&C News

- Our next P&C meeting will be held Term 4, on the 2 Novemembr. This meeting will be held online via Zoom.
- If you would like to participate virtually please send an email indicating your interest to the current P&C President Helen Mundy helen.mundy29@gmail.com



Presents

Breathe...you've got this!

with Dr Michael Carr-Gregg
Australia's Leading Adolescent Psychologist

Learn how you can improve communication with younger people,
in times of change, including effective use of technology
for mental wellness

7.30pm (via Zoom link)
Thursday 22nd October 2020
A FREE INTERACTIVE EVENT
Limited spaces - book now!

- **Option 1: Online 'live' webinar**
Registrations are essential to receive Zoom link by email
- **Option 2: In person in Wagga Wagga**
The Range Function Centre
308 Copland Street, Wagga Wagga
Doors open 7pm for Covid-Safe reception process
Limited to 200 guests - 'live' webinar audience

Tickets: expectme.com.au/events

Suitable for parents, carers, teachers, school P&C members, youth workers, counsellors, sports coaches and our wider community



www.riverinabluebell.org.au